JABBERFEST 10AM – 8 JULY 2019
NEW LIFE CHURCH CENTRE ARTHUR STREET GRAFTON

SESSION 1

PART I - Event Yeah The Boys Inc 2019
Event Yeah the BOYS is an annual event held in Grafton NSW to celebrate mateship and counteract the high suicide rates of males in our Valley. The event brings together services and raises awareness of the issues surrounding the mental health of men and at the same time raises funds for organisations providing mental health services for men and a venue for after-hours access to counselling support and legal services. In 2018 Grafton businesses stood behind the Event and had approximately 1,000 people attend with 20 meaningful contacts taking place between individuals, services, counselling and legal advisors.

As part of the Event later this year, Theresa Kelly, the Dept. of Fair Trading Community Liaison Co-ordinator for this region will be addressing us and is looking to improve our resilience as a community by offering men from the community an opportunity to take part in a free half-day mental health training that aims to increase suicide awareness. Participants to recognise when a person may have thoughts of suicide and how to respond in ways that link them with further intervention and help. All sponsoring organisations will have access to training for their staff and volunteers are also being sought to assist with fundraising, merchandise stalls and committee.

Part II - It’s QUIZ TIME!
Get your thinking caps on as Kevin will be testing your memory in this quiz:
“WHO AM I – PAST AUSTRALIANS”
You will be shown images of famous Past Australians. All you have to do is write down their names and you could win a lovely Box of Chocolates!

SESSION 2

GUEST PRESENTER – BRUCE LYNE
GRAFTON BRIDGE PROJECT UPDATE
Our guest presenter is an engineer and senior project manager with Fulton Hogan tasked with the building of the new bridge. Most recently, he was involved in the three-day project to replace the Pound Street rail bridge and will provide members of U3A with an update on the undertaking.
PRESIDENT’S LETTER

Dear Members

What an eye opener from our Jabberfest guest presenter Laura Noble last week. All those insects that I thought were flying ants were probably actually native honey bees.

I hope that some members of U3A will consider nominating for the committee as at least two current members will not be standing for the upcoming year. A great team to work with and only one meeting a month.

We are always looking for new guest speakers so please put your thinking caps on and let a committee member know of a suitable speaker.

It appears that there may still be issues with the emails associated with access to the Jabber Journal. Please contact Carole Cairns if you are still having a problem.

Members are reminded that annual fees are now due.

David Thompson  6644 7782

SOCIAL ACTIVITIES – Vanda Geremia

LET’S DO LUNCH!

VENUE: Blue Goose Hotel Junction Hill
WHEN: High noon - Sunday 22 July 2019
COST: Own transport AND own expense. If transport needed, we may be able to arrange. Expressions of interest at July Jabberfest.

COURSES/INTEREST GROUPS UPDATE – Alysan Pender

ARMCHAIR TRAVEL

Our next meeting will be held on Monday 22 July at 2.00 pm in the U3A Rooms at Dougherty House. Debbie Handley will be sharing her insights into recent travels to Poland, Romania, Bulgaria and Doha. All welcome. Enquiries to Magda Mussared, phone 6644 9309.
JUNE JABBERFEST WRAP

Our day kicked off with U3A member Harry Jones presenting a rendition of Henry Lawson’s marvellous tale of “The Loaded Dog”. Just coincidentally, the presentation was very appropriate as the day was also Henry Lawson’s birthday. To enliven proceedings, Harry had crafted a very realistic bomb with a glowing fuse that was circulated among the audience and which although being very realistic was not of the exploding variety. As always, Lawson’s story never loses its appeal and the audience warmed to Harry’s telling of it and applauded his great effort to make the most thankfully unexploding bomb.

Following morning tea, President David introduced our guest speaker, Laura Noble, who proceeded to enlighten us about bees. In this case, our very own Australian native bees of which there are over two thousand different species, some of which are resident species in the Clarence Valley. Of the many different types are actually stingless and our residents belong in this category. Additional information on these bees was featured in the June edition of the Jabber Journal. Laura displayed a native bee hive and also had a couple of bees able to be passed around the audience, showing us just how small they can be.

To encourage native bees to adopt your backyard as their home area, Laura encourages us to have multiple plantings of flowering plants, shrubs, trees, flowers, herbs etc. so that throughout the year there is always a selection of flowering species available month by month. As these small bees can be easily confused as being damaging insects, Laura urges us to think twice before resorting to agricultural insecticides to which the bees are very susceptible and they should be encouraged as the wider bee families are one of the most important pollinators. Brian Carter

OPERATION CHRISTMAS CHILD

Last year over 11 million shoeboxes were received by children in 150 countries. This year’s launch is set down for 10:00am Saturday 24 July (at a venue yet to be confirmed) and Grafton U3A members are most welcome to attend. It is hoped that details of the venue may be available at July Jabberfest or Area Coordinator Michelle Child can be contacted closer to the date on 0428 543 338 to ascertain the venue location.

UNCLAIMED DOOR PRIZE

The lucky door prize from April Jabberfest remains unclaimed. Would the lucky winner please contact Bruce Carle urgently on 0409 225 536.

MORNING TEA COORDINATOR

As Mary Lou Brown is stepping down at the Annual General Meeting, a replacement volunteer is being sought to take on the role of morning tea coordinator at the monthly Jabberfest. Mary Lou has indicated she is happy to offer every assistance and support. If interested, please contact Mary Lou for further details on 6644 5167.

HONORARY AUDITOR REQUIRED

Warren Morrow, who has acted in this capacity over many years, is leaving Grafton. We take the opportunity to thank him for his many years of service and wish him well for the future. As a result, we are seeking a replacement for the position. Are you, a relative, friend or someone you know interested in taking on this role? If so, please contact Bruce Carle – Treasurer on 0409225536

ANNUAL MEMBERSHIP FEES

Please note that membership fees are now due. Membership fees are $30 for singles and $50 for couples. If you wish to discontinue membership, a call to Carole Cairns on 6642 4615 or a note to that effect would be appreciated thanks.
HAVE YOU GIVEN ANY THOUGHT TO SERVING ON THE COMMITTEE?

The committee of Grafton U3A is composed of a four-person executive and seven additional members with various responsibilities as follows:

**EXECUTIVE**

President   Vice-President   Secretary  Treasurer

**COMMITTEE MEMBERS**

- **JABBERFEST COORDINATOR**
  Responsible with the aid of the committee for arranging and coordinating venue logistics and monthly guest speakers.

- **JABBERFEST ITINERARY ORGANISER**
  Responsible in association with the committee for Jabberfest agenda including entertainment and Session 1 speakers/activities.

- **JABBER JOURNAL EDITOR**
  Responsible for collection, collation, editing, production each month of the Jabber Journal with material input from committee, members and external parties. Liaise with Secretary re mailout of journal to members and with Webmaster re availability of Journal on Grafton U3A website.

- **SOCIAL EVENTS COORDINATOR**
  In concert with the committee to initiate, arrange and coordinate various Grafton U3A social functions throughout the year. Responsible also for maintenance of Grafton U3A rooms.

- **COURSE/INTEREST GROUPS COORDINATOR**
  Responsible, with the aid of the committee, for devising, arranging and coordinating all courses throughout the year including venues and times. Ensure that special interest groups operate within the umbrella of U3A and according to established guidelines.

- **PUBLICITY OFFICER**
  Provision of regular editorial matter concerning Grafton U3A activities and courses to local media, particularly press for publication.

- **MINUTE SECRETARY**
  Records, produces and distributes copies of minutes of Committee meetings and assists Secretary with correspondence etc.

- **ASSISTANT TO SECRETARY/MINUTE SECRETARY**
  Aids Secretary with mailout of monthly Jabber Journal and other tasks as required. Takes on role of minute secretary when required.

* also serves as Vice-President on current committee.

As you are aware Grafton U3A Inc. is a voluntary, non-profit association. Like U3A groups worldwide, it has the philosophy of engaging members as volunteers to fulfil all the management, administrative, organizational and tutoring tasks necessary for its effective operation. The management role of U3A is undertaken by your committee. At the upcoming Annual General Meeting, vacancies will need to be filled as two of the current committee members will be stepping down after a number of years of service. Membership of the committee is not an onerous task but is very fulfilling with each member having a set area of responsibility as detailed above. The members of Grafton U3A as a group have extensive experience in many fields from their working lives and serving on the committee offers an opportunity to utilize those skills for the benefit of all members of Grafton U3A. So please do give this opportunity to nominate your serious consideration.

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**EDITOR CONTACT**

Contributions to the Jabber Journal are welcome, however, we reserve the right to edit or refuse material submitted for publication. Closing date for the August 2019 edition of the Journal is **Friday 26 July 2019**.

Editor – Dennis Kelly thehifields@bigpond.com

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Finally! I'm in a Relation Ship
Contributed by Bob Hayes
AUTHOR VISIT – GRAFTON LIBRARY

Join bestselling author, Amanda Hampson, to hear about her latest novel, ‘Sixty Summers’. 'Sixty Summers' follows three Australian women about to turn 60, who share a growing sense of dissatisfaction with their lives, as well as feeling that time is running out to fulfil their own expectations. The friends, whose lives have led them in different directions, reunite to retrace their journey together in 1978 when they travelled through Europe. They set off on a trip that will see them rediscover far-flung corners of the world, test their friendship, challenge their beliefs and redefine the third age of their lives. Amanda Hampson grew up in rural New Zealand. She spent her early twenties travelling, finally settling in Australia in 1979 where she now lives in Sydney's Northern Beaches. Writing professionally for more than 20 years, she is the author of two non-fiction books, numerous articles and novels The Olive Sisters, Two for the Road, The French Perfumer and The Yellow Villa.

VENUE: GRAFTON LIBRARY
DATE: FRIDAY 12 JULY 2019
TIME: 10:30AM
RSVP: 6641 0100 or graftonlib@crl.nsw.gov.au

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It’s wondrous what a hug can do,
A hug can cheer you when you’re blue.
A hug can say, ‘I love you so,’
Or, ‘Gee I hate to see you go.’

A hug is, ‘Welcome back again!’
And, ‘Great to see you!’ or
‘Where’ve you been?’
A hug can soothe a small child’s pain
And bring a rainbow after rain.

The hug! There’s just no doubt about it,
We scarcely could survive without it.
A hug delights and warms and charms,
It must be why God gave us arms.

Hugs are great for fathers and mothers,
Sweet for sisters swell for brothers,
And chances are some favourite aunts
Love them more than potted plants.

Kittens crave them. Puppies love them.
Heads of state are not above them.
A hug can break the language barrier,
And make the dullest day seem merrier.

No need to fret about the store of ‘em.
The more you give, the more there are of ‘em.
So stretch those arms without delay
And give someone a hug today.

Author unknown
GRAFTON U3A INC.
NOTICE OF ANNUAL GENERAL MEETING

Notice is hereby given that the SEVENTEENTH ANNUAL GENERAL MEETING of Grafton U3A Inc. is to be held at the New Life Church Centre 152 Arthur Street Grafton at 10.00am on Monday 12 August 2019.

Any non-financial members may pay their subscription prior to the meeting. Members must be financial in order to qualify to vote at the meeting.

AGENDA FOR ANNUAL GENERAL MEETING

- WELCOME & APOLOGIES
- MINUTES
  Confirmation of minutes of AGM held 13 August 2018
- REPORTS
  - President
  - Treasurer
- ELECTION OF OFFICE BEARERS AND COMMITTEE
  - President
  - Vice President
  - Secretary
  - Treasurer
  - Seven ordinary members of Committee
- APPOINTMENT OF HONORARY AUDITOR
- PRESENTATION OF LIFE MEMBERSHIP

NOTE – If you are unable to attend and wish to appoint a proxy, the appropriate proxy form may be obtained from the Secretary.

The AGM is an important function and an opportunity for us to reflect and celebrate the good things we have achieved and the pleasant times we have shared together over the past year, as members of Grafton U3A. I do hope that you can join us.

David Thompson
President
GRAFTON U3A INC.
COMMITEE NOMINATION FORM

We the undersigned, being financial members of Grafton U3A Inc., hereby nominate as a member of the committee for the position of (President, Vice President, Treasurer, Secretary, Committee member x 7) **(please circle respective position)**

**Name of NOMINEE:**

Mr/Mrs/Ms/Miss________________________________________________________________________

**Name of NOMINATOR: **________________________________________________________________

Signature of Nominator:___________________________

Date:______________

**Name of SECONDER:**____________________________________________________________________

Signature of Seconder:___________________________

Date:______________

**DECLARATION OF NOMINEE:**

I, ____________________________________________ being a financial member of Grafton U3A Inc., agree to stand for election as a member of the committee for the position of (President, Vice President, Treasurer, Secretary, Committee member x 7) **(please circle respective position)**

Signature of Nominee:___________________________

Date:______________

**PLEASE NOTE: ANY NOMINATION WILL BE INVALID UNLESS ALL PERSONS NAMED HERE ARE FINANCIAL MEMBERS OF GRAFTON U3A INC.**

Nominations close: 10:00am 5 August 2019
Nominations to: Carole Cairns or posted to:

The Secretary
Grafton U3A Inc.
PO Box 688
GRAFTON NSW 2460
LIFE MEMBERSHIP NOMINATION FORM

(Nominations close 2nd Monday of July each year)

Nominee Name: __________________________
(Please print)

General Criteria: Nominations to be added to Life Members of Grafton U3A Inc. require an outstanding record of community service and involvement to U3A in the Grafton area.

Administrative Perspective: __________________________
(Please include role(s) and years)

Tutor or Group Association: __________________________
Please include role(s) and years)

Voluntary Involvement: __________________________
Please include role(s) and years)

Any achievements: __________________________
Not necessary for recognition

Proposer: __________________________ Seconder: __________________________
Email: __________________________ Email: __________________________
Contact No: __________________________ Contact No: __________________________
Signature: __________________________ Signature: __________________________
Date: __________________________ Date: __________________________

Grafton U3A Use Only:

Date received by Grafton U3A Incorporated Secretary: __________________________

Accepted ☐ Rejected ☐

Grafton U3A Incorporated President (print): __________________________
Signature: __________________________

President: David Thompson Phone: 02 6644 7782
Vice President: Alysan Pender Phone: 02 6644 5397
Secretary: Carole Cairns Phone: 02 6642 4615
Treasurer: Bruce Carle Phone: 0409 225 536

* Sharing our knowledge, skills and experience in a friendly convivial way *